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WHEN TO CALL YOUR HEALTH CARE PROVIDER AFTER FRENOTOMY (TONGUE TIE PROCEDURE)

- ~ If baby is not feeding between 8-12 times in each 24 hour period (either by breast or supplement) or is feeding constantly at the breast without ever seeming to be satisfied.
- ~ If baby is not having wet diapers as expected at her age: 1 on day 1, 2 on day 2, 3 on day 3, 4 on day 4, 5 on day 5, and 6 or more on all days after that.
- ~ Baby is not having dirty diapers as expected at her age: 1 on day 1, 2 on day 2, 3 or more from day 3 on. Stool starts out black and sticky, will get lighter, from brown to greenish to yellow and seedy by day 5. It is never “normal” for a baby to miss bowel movements.
- ~ Baby’s skin or eyes appear yellow (jaundice).
- ~ Baby is very sleepy and never wakes up on her own to feed.
- ~ Your nipples are cracked and bleeding or have any pus or discharge.
- ~ You have any redness, warmth, or pain in your breasts accompanied by fever over 101 and flu-like symptoms such as headache, muscle aches, and extreme fatigue.
- ~ There is any bleeding from the wound sites or signs of infection
- ~ You have any doubt that something isn’t right. **Trust your instinct** and call for help, even if it’s just for reassurance.

*****Before you leave their office, ask your healthcare provider what signs or symptoms they would like to be notified about**